

Gold Invite Warm-up Schedule

Note: Pool 1 is competition pool

Pool 2 is warm-down pool, lane numbers beginning next to bulkhead

Friday Afternoon Warm-up at 4:15 PM Start at 5:15 PM

Team	Lane
Gold	Pool 2, Lanes 1-10
Sunkist	Pool 2, Lane 11
DCS	Pool 1, Lanes 1-2
Stingrays	Pool 1, Lane 2
SCAT	Pool 1, Lane 3
CCAC	Pool 1, Lane 4
SMAC	Pool 1, Lane 5
City of Atlanta	Pool 1, Lane 6
Three Rivers	Pool 1, Lane 7
Barracudas	Pool 1, Lane 8
Bluefins	Pool 1, Lane 8
Riptides	Pool 1, Lane 9
Unattached	Pool 1, Lane 10

Saturday Morning Session 1 Warm-up: 7:00-7:25 AM Session 2 Warm-up: 7:25-7:50 AM Start: 8:00 AM

Team	Lane
Gold	Session 1, All Lanes
Stingrays	Session 2, Pool 1, Lanes 1-6
CCAC	Session 2, Pool 1, Lanes 7-9
City of Atlanta	Session 2, Pool 1, Lane 10
SCAT	Session 2, Pool 2, Lane 1
Barracudas	Session 2, Pool 2, Lane 2
WGSC	Session 2, Pool 2, Lane 3
Riptides	Session 2, Pool 2, Lane 4
Unattached	Session 2, Pool 2, Lanes 5-6
DCS	Session 2, Pool 2, Lanes 7-8
Bluefins	Session 2, Pool 2, Lanes 9-10
Sunkist	Session 2, Pool 2, Lane 11
Three Rivers	Session 2, Pool 2, Lane 11

Saturday Afternoon
Session 1 Warm-up: 11:30-11:55
Session 2 Warm-up: 11:55-12:20
Start: 12:30 PM

Team	Lane
Gold	Session 1, Lanes 1-19
Sunkist	Session 1, Pool 2, Lane 10
Barracudas	Session 1, Pool 2, Lane 11
Stingrays	Session 2, Pool 1, Lanes 1-3
City of Atlanta	Session 2, Pool 1, Lanes 4-5
SCAT	Session 2, Pool 1, Lanes 6-7
Carpet Capitol	Session 2, Pool 1, Lanes 8-9
WGS	Session 2, Pool 1, Lane 10
DCS	Session 2, Pool 2, Lanes 1-2
Riptides	Session 2, Pool 2, Lanes 3-4
Bluefins	Session 2, Pool 2, Lanes 5-6
Three Rivers	Session 2, Pool 2, Lanes 7-8
Unattached	Session 2, Pool 2, Lanes 9-10
SMAC	Session 2, Pool 2, Lane 11

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Stingrays	Session 2, Pool 1, Lanes 1-6
CCAC	Session 2, Pool 1, Lanes 7-9
City of Atlanta	Session 2, Pool 1, Lane 10
SCAT	Session 2, Pool 2, Lane 1
Barracudas	Session 2, Pool 2, Lane 2
WGSC	Session 2, Pool 2, Lane 3
Riptides	Session 2, Pool 2, Lane 4
Unattached	Session 2, Pool 2, Lanes 5-6
DCS	Session 2, Pool 2, Lanes 7-8
Bluefins	Session 2, Pool 2, Lanes 9-10
Sunkist	Session 2, Pool 2, Lane 11
Three Rivers	Session 2, Pool 2, Lane 11

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SCAT	Session 1, Pool 1, Lanes 6-7
Carpet Capitol	Session 1, Pool 1, Lanes 8-9
WGS	Session 1, Pool 1, Lane 10
DCS	Session 1, Pool 2, Lanes 1-2
Riptides	Session 1, Pool 2, Lanes 3-4
Three Rivers	Session 1, Pool 2, Lanes 5-6
Unattached	Session 1, Pool 2, Lanes 7-8
SMAC	Session 1, Pool 2, Lane 9-10
Bluefins	Session 1, Pool 2, Lane 11
Gold	Session 2, Lanes 1-19
Sunkist	Session 2, Pool 2, Lane 10
Barracudas	Session 2, Pool 2, Lane 11